

2026 Australian Short Course Championships

29 September – 02 October 2026

MC Qualifying Times

WOMEN	S19	S18	S17	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
50m FR	33.27	36.58	33.27	33.27	33.27	33.27	33.78	33.63	37.63	35.29	36.81	38.86	40.99	42.63	51.01	53.81	1:09.19	1:27.90	1:37.03
100m FR	1:15.75	1:23.33	1:15.75	1:15.75	1:15.75	1:15.75	1:07.02	1:07.49	1:15.18	1:09.03	1:12.88	1:16.17	1:28.06	1:33.18	1:49.92	1:57.53	2:09.37	3:08.49	3:35.55
200m FR	2:44.61	3:01.07	2:44.61	2:44.61	2:44.61	2:44.61	2:45.33	2:41.65	2:57.42	2:42.53	2:56.79	2:59.22	3:14.36	3:15.63	3:53.63	4:11.53	4:52.78		
400m FR	5:28.70	6:01.57	5:28.70	5:28.70	5:28.70	5:28.70	5:20.60	5:19.48	6:02.77	5:24.97	5:41.93	5:52.03	6:08.60	6:26.87					
50m BK	36.80	40.48	36.80	36.80	36.80	36.80	42.30	42.61	46.91	41.80	44.37	48.27	51.12	54.07	1:04.26	1:12.18	1:18.82	1:31.80	1:40.76
100m BK	1:24.28	1:32.71	1:24.28	1:24.28	1:24.28	1:24.28	1:21.96	1:22.77	1:34.74	1:23.36	1:29.15	1:35.97	1:40.26	1:44.72	2:08.62	2:20.35	2:46.05	2:55.10	3:20.65
50m BST	40.13	44.14	40.13	40.13	40.13	40.13	48.61	45.59	49.98		46.37	48.98	58.42	57.35	1:04.26	1:12.28	1:18.82	1:31.80	2:29.09
100m BST	1:40.94	1:51.03	1:40.94	1:40.94	1:40.94	1:40.94	1:38.12	1:36.39	1:50.23		1:41.17	1:43.88	1:56.98	2:03.28	2:23.46	2:31.80	3:30.50	4:02.62	
50m FLY	36.95	40.65	36.95	36.95	36.95	36.95	38.92	38.35	44.19	39.13	40.31	42.89	45.66	47.65	1:02.42	1:09.43	1:24.00		
100m FLY	1:23.30	1:31.63	1:23.30	1:23.30	1:23.30	1:23.30	1:17.46	1:19.19	1:34.22	1:20.04	1:22.65	1:24.89	1:36.20	1:42.39	2:32.17				
150m IM																4:18.86	4:45.29		
200m IM	2:58.38	3:16.22	2:58.38	2:58.38	2:58.38	2:58.38	2:55.32	2:57.13	3:19.47	2:57.42	3:06.32	3:15.94	3:32.31	3:37.05	4:21.36				

MEN	S19	S18	S17	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
50m FR	29.54	32.49	29.54	29.54	29.54	29.54	29.28	29.15	31.92	29.95	31.78	33.00	34.84	36.57	43.18	50.16	58.22	1:19.04	1:29.79
100m FR	1:06.05	1:12.66	1:06.05	1:06.05	1:06.05	1:06.05	1:03.39	1:03.67	1:10.91	1:05.12	1:08.76	1:11.84	1:16.40	1:21.21	1:34.82	1:49.15	2:09.90	2:54.33	3:06.92
200m FR	2:21.30	2:35.43	2:21.30	2:21.30	2:21.30	2:21.30	2:21.98	2:30.59	2:41.96	2:24.70	2:33.07	2:41.51	2:53.41	3:03.63	3:30.40	4:00.19	4:28.34		
400m FR	5:06.67	5:37.34	5:06.67	5:06.67	5:06.67	5:06.67	4:47.97	4:54.11	5:30.71	4:50.91	5:02.87	5:19.98	5:42.18	6:05.43					
50m BK	34.67	38.13	34.67	34.67	34.67	34.67	35.07	36.43	40.56	36.54	39.28	40.56	44.30	48.09	55.08	1:03.29	1:08.93	1:24.06	1:39.30
100m BK	1:16.38	1:23.75	1:16.38	1:16.38	1:16.38	1:16.38	1:10.20	1:10.55	1:21.16	1:14.32	1:17.67	1:22.60	1:26.48	1:32.30	1:58.51	2:13.39	2:17.00	2:33.36	3:03.74
50m BST	36.80	40.48	36.80	36.80	36.80	36.80	38.52	39.27	42.33		40.13	41.42	46.07	45.85	58.71	59.58	1:06.01	1:13.91	2:03.24
100m BST	1:26.99	1:35.69	1:26.99	1:26.99	1:26.99	1:26.99	1:23.81	1:24.60	1:34.71		1:26.37	1:30.81	1:40.42	1:43.52	2:09.02	2:12.06	2:34.78	3:07.18	
50m FLY	31.78	34.96	31.78	31.78	31.78	31.78	32.87	31.97	33.62	32.86	34.68	36.25	39.13	39.80	49.23	55.41	1:13.71		
100m FLY	1:09.58	1:16.54	1:09.58	1:09.58	1:09.58	1:09.58	1:05.79	1:06.39	1:12.54	1:07.84	1:10.99	1:11.65	1:28.63	1:26.30	1:36.16				
150m IM																3:27.27	3:59.93		
200m IM	2:38.01	2:53.81	2:38.01	2:38.01	2:38.01	2:38.01	2:33.27	2:32.56	2:49.71	2:35.32	2:43.13	2:50.93	3:03.83	3:14.36	4:01.12				

Qualifying time must be achieved since 1st January 2025.

Entries close 12noon (midday) AEST Monday 14th September 2026. Times achieved after the closing date will not be accepted under any circumstances.

Long course times, unconverted, can only be used where a short course has **not** been achieved. Athletes cannot choose to use a faster long course time for better seeding if they have an available short course time.

NOTE: SwimAus strongly advises all participants to check the Start List on the day it is published to ensure your seed times are correct. All care is taken to ensure the most recent times are used, however due to unexpected system delays, this may not always be the case. Swimmers will have a small window of time to submit any changes if needed.